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We offer Personal Appointments, Individual Wellness Offerings & Packages.

Personal Appointments – *Nyepa* Analysis* with *Amchi-la*

Tibetan *Nyepa* Analysis: Initial (30 minutes): 54€ | Follow-up (15 minutes): 30€

Individual Wellness Offerings

Design your offering from the options below, or begin with a *Nyepa* Analysis and have designed for you.

Full Body Massages | 60 min - 60€ · 90 min - 84€

Select one option: General Tibetan Massage (*Kunye*) · Massage for Relaxation & Vitality (*Loong Kunye*)

Channel Revitalization Massage (*Horme Kunye*) · Compression Massage (*Dukpa*)

Synchronized Massage (select from any of the above) | 45 min - 90€ · 60 min - 108€



Localized Massages | 45 min · 45€

Select one option: Area of focus: head & shoulders / full back / foot & leg · Application type: *Kunye* / *Dukpa*



Full body + localized massage | 90 min · 84€ (Select any combination of the offers mentioned above)



Other Applications | 30 min | 42€

Moxibustion (*Metsa*) / Cupping (*Mebhum*) · including preparation & expert advice



Full Body Massage + Other Application | 90 min · 90€

Localized Massage + Other Application | 60 min · 72€

Combine either of the above applications to your selected full body or localized massage.

Individual Offering: Discount Packs

Select any single or combined offering with a minimum value of 60€.

5- or 7-pack | valid for 7 months | 10% off · 10- or 15-pack | valid for 9 months | 15 % off

Complete Wellness Packages

4, 5, 6 or 7 hrs per week | 50 €/hr · 8, 9, 10, or 11 hrs per week | 48€/hr · 12, 13, 14, or 15 hrs per week | 45€/hr

Please note: Additional weeks will receive a 5% discount.

